



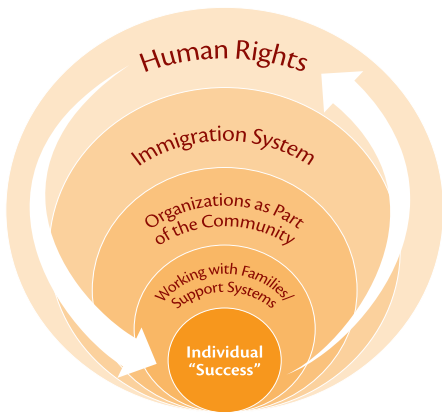
## MISSION

Apna Ghar provides critical, comprehensive, culturally competent services, and conducts outreach and advocacy across communities to end gender violence.

## PURPOSE

Apna Ghar seeks to end gender violence through a three-pronged, solutions focused approach of highly effective and innovative **services** for survivors and those who perpetrate harm, **advocacy** and community **outreach** and accountability.

## OUR SERVICE MODEL



Together with the Center for Urban Research and Learning at Loyola University, we developed a comprehensive, culturally competent model designed specifically for the population we serve that reflects a holistic understanding of the macro- and micro- level barriers faced by immigrant survivors of gender violence.

## OUTREACH

We conduct outreach to raise awareness about gender violence, and community education to provide information on available resources, ways to help, and ways to shift community and societal norms. We provide the 40-hour domestic violence training, language advocacy training, and technical assistance to partner organizations.

## HISTORY

Apna Ghar was founded by pioneering and activist women committed to the empowerment of survivors of gender violence particularly from immigrant, refugee and marginalized communities. Since its incorporation in 1990, Apna Ghar has grown in size and scope to provide holistic, culturally appropriate and innovative programming to address the multiple barriers faced by vulnerable groups.

## IMPACT

Each year:

- **1,400+** services seekers received crisis intervention services
- **600+** adults and children received comprehensive and in depth services
- **10,000+** people received information and training on gender violence
- Our program participants come from **65+** countries
- Our staff provided services in **20+** languages

## DIRECT SERVICES

### 24-Hour Crisis Line

Crisis support is available 24 hours a day, 7 days a week by phone, text and email. We provide crisis counseling, advocacy, safety planning, information, resources and connection.

### Safe Home/Emergency Housing

Our safe home provides a culturally sensitive, secure and healing environment for survivors to begin their journeys of healing and rebuilding. Residents are supported 24/7 by trained agency staff members.

### Transitional/Second Stage Housing

Our transitional housing apartments provide stable, long-term housing for the families we serve so they can achieve their goals of stability and self-sufficiency. Residents are supported throughout their stay by our trained staff.

### Case Management/Social Services Advocacy

Case management services help survivors develop action plans for safety, stability and self-sufficiency. Our trained staff help program participants identify and address critical needs and connect to resources to achieve their housing, health care, employment, educational, financial and other goals.

### Counseling

Individual, group and family counseling for both adult and child survivors enables them to process and heal from the trauma of abuse, using psycho-social education, narrative therapy, support groups, expressive art therapy, conflict resolution, and other modalities.

### Legal Advocacy

Our advocates guide survivors through the legal system and help access available legal remedies, including civil and criminal orders of protection, pressing criminal charges, obtaining crime victims' compensation, filing for divorce, custody, and support, as well as accessing immigration remedies through protective statutes such as the Violence Against Women Act. We operate a volunteer attorney led family law clinic in partnership with Chicago Volunteer Legal Services (CVLS).

### Supervised Visitation & Safe Exchange Services (SVSE)

SVSE creates a safe and healing environment for children to interact with visiting parents who have caused harm to the families. Our trained staff support these parents in repairing relationships with their children.



# 1 out of 3 women

will experience gender-based violence in her lifetime.



# 47%

of transgender people are sexually assaulted at some point in their lifetime.

Children who witness or experience violence are at serious risk for lifelong physical and mental health problems.



## What is Gender Violence?

**Violence committed against someone because of their real or perceived gender**

- Partner abuse, Child abuse and Elder abuse
- Physical, sexual, emotional, verbal, and psychological abuse
- Financial abuse
- Restricting movement, and withholding essentials
- Stalking
- Surveillance and cyber-stalking
- Trafficking, labor and sexual exploitation
- Forced or early marriage
- State sanctioned violence

Approximately **1 in 10 Americans aged 60+** have experienced some form of **elder abuse**.

## In all societies,

women and girls are subjected to physical, sexual and psychological abuse that cuts across lines of income, class and culture.

## 24 hours a day 7 days a week 365 days a year

Apna Ghar's availability for survivors of gender violence from underserved, marginalized and vulnerable communities.

## Immigrant and Refugee Survivors Face Unique Challenges

LANGUAGE BARRIERS

ECONOMIC BARRIERS

IMMIGRATION & LEGAL BARRIERS

THREATS, INTIMIDATION & ISOLATION

USING CITIZENSHIP OR RESIDENCY PRIVILEGE

WITHHOLDING DOCUMENTS & FINANCES

COMMUNITY & EXTENDED FAMILY NORMS



### 24-Hour Crisis Services

#### Crisis Line

773.334.4663  
or 800.717.0757

#### Text

773.899.1041

#### Email

help@apnaghar.org

### Main Location

4350 N Broadway, 2nd Floor  
Chicago, IL 60613  
773 883 4663

### Satellite Locations

Southside  
773 697 3272

Swedish Hospital  
773 878 8200 x 8747

North Suburban  
847 983 4099



### Website

www.apnaghar.org

### General Email

info@apnaghar.org

### Social Media

Facebook.com/ApnaGharInc

Twitter and Instagram

@ApnaGharInc

linkedin.com/company/apna-ghar-inc.