

EMPOWER survivors

ENGAGE communities

ELEVATE gender justice









IMPACT REPORT



2022 Impact Report

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FROM OUR BOARD PRESIDENT AND EXECUTIVE DIRECTOR

Dear Friend and Supporter,

Each year, with your assistance, Apna Ghar conducts outreach and advocacy and provides critical, comprehensive, and culturally competent services to survivors of gender violence - a global human rights violation and public health concern. Since 2020 and the onset of the global public health crisis, followed by social upheaval in Chicago and around the world, the need for our work has reached a critical point.







Executive Director

We pivoted to address the pressing and emerging needs

brought on by the COVID-19 pandemic, and the collective uprising to end deep-seated and structural injustices. We responded rapidly to ensure the health, safety and well-being of our program participants and the communities we serve. We reflected deeply on the legacy of systemic inequities and their generational impact. We recommitted ourselves to working towards a fair and just society informed by the experiences and narratives of the most affected people and communities.

We worked to re-imagine public safety with an understanding of the connections between family violence, gun and community violence. We supported the development of the first ever citywide strategic plan to address gender-based violence and actively support its implementation. We spearheaded public hearings on gender-based violence, mental health, and pay equity through the Cook County Commission on Women's Issues, we supported our state's efforts in resettling Afghan evacuees, and we worked on a national reproductive justice policy agenda with the National Asian Pacific Women's Forum (NAPAWF), and are developing a cultural competency curriculum, and a toolkit on utilizing restorative justice practices in cases of gender-based violence when desired and appropriate.

Globally, 1 in 3 women is affected by gender violence over the course of her lifetime. This is a terrible statistic, made worse by the global health crisis which saw an increase in the severity and frequency of this violence. But with your support, Apna Ghar continues to empower survivors, engage communities and elevate gender and racial justice. We're deeply honored to receive the Mayor's Medal of Honor for extraordinary service to the city's residents. Gender-based violence is a global phenomenon occurring across communities, countries and continents. It requires creative, cross-sectoral collaborations, and all of us to make change possible.

Our talented board, staff and volunteers, the courageous survivors we are privileged to serve, you, our generous donors, and our extended community continue to propel our work in the movement to end gender violence, and we thank you for your ongoing support.

A global human rights violation and public health concern

Gender violence is rooted in gender and racial inequality



will experience genderbased violence in her lifetime.



of transgender people are sexually assaulted at some point in their lifetime.

2 out of 3 Children

are exposed to trauma and violence.

Children who witness or experience violence are at serious risk for lifelong physical and mental health problems.



What is Gender Violence?

Violence committed against someone because of their real or perceived gender

Partner abuse, Child abuse and Elder abuse Physical, sexual, emotional, verbal and psychological abuse

Economic abuse

Restricting movement, and withholding essentials Stalking

Surveillance and cyber-stalking
Trafficking, labor and sexual exploitation
Forced or early marriage
State sanctioned violence

Approximately 1 in 10
Americans aged 60+ have experienced some form of elder abuse.

Immigrant and Refugee Survivors Face Unique Challenges

LANGUAGE BARRIERS

ECONOMIC BARRIERS

IMMIGRATION & LEGAL

THREATS, INTIMIDATION & ISOLATION

USING CITIZENSHIP OR RESIDENCY PRIVILEGE

WITHHOLDING
DOCUMENTS & FINANCES

COMMUNITY &
EXTENDED FAMILY
NORMS

Anyone can be a victim of gender-based violence.

There is NO "typical victim." Victims come from all walks of life, varying age groups, all backgrounds, all communities, all education levels, all cultures, all ethnicities, all abilities and all lifestyles.

24 hours a day7 days a week365 days a year

Apna Ghar's availability for survivors of gender violence from underserved, marginalized and vulnerable communities.

Empower survivors. Engage communities. Elevate gender and racial justice.

Apna Ghar is a human rights organization working to end gender violence with an evidence-based model

Apna Ghar was founded in 1990 after hotline calls revealed a high incidence of domestic and family violence, abandonment, trafficking, sexual harassment and violence in the growing populations of immigrants and refugees in the metropolitan Chicago area. The calls revealed that immigrant and refugee survivors were reluctant to seek assistance due to linguistic, cultural and legal barriers.

In these last 32 years Apna Ghar has since grown in size and in scope, operating out of multiple locations and providing critical, comprehensive and culturally competent services, outreach and advocacy that

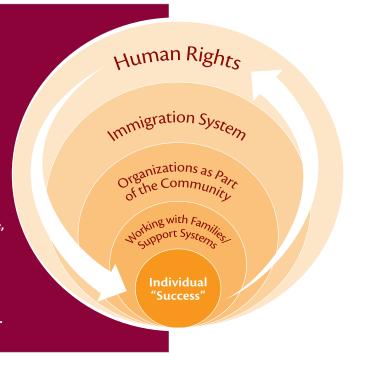
empowers survivors, engages communities and elevates the issue of gender and racial justice.

Our guiding principles are rooted in the belief that gender violence is a public health concern and human rights violation, that must be addressed through survivor-centered, trauma-informed, strengths-based and empowerment-focused services, outreach and advocacy. We are survivor-led, and embrace diversity in age, gender expression, sexual orientation, ability, immigration status, race, ethnicity, and nationality. We value social justice, cultural humility, collaboration and impactful advocacy.

OUR SERVICE MODEL

Transcending Boundaries: Investigating Gender Violence among Immigrant Women

Together with the Center for Urban
Research and Learning at Loyola
University, we developed a comprehensive,
culturally competent model designed
specifically for the population we serve
that reflects a holistic understanding of
the macro and micro-level barriers faced
by immigrant survivors of gender violence.



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Justice, Healing, Empowerment

Apna Ghar helped Sheila realize her goals to live an empowered life



Sheila came to Chicago as a young bride. She met her husband in Nepal and shortly after they got married they immigrated to the United States. Sheila's parents had passed away before her marriage so her main family support was her sister, who lived on the East Coast.

Sheila's husband was abusive from the beginning. It started with verbal abuse that quickly became psychological and financial and then escalated to physical abuse. But Sheila stayed quiet and didn't say anything because she didn't want to make the situation any worse than it already was. At first she thought that once they had children, the abuse would stop. Three children later and the abuse continued and as time went on, only got worse. Sheila's husband controlled all the household finances, and completely restricted her movements.

Sheila tried to tell family members about what was going on, but they told her that she needed to stay in the relationship. She obliged because she had no other support, nowhere to go, and no financial resources to support herself. The more she tried to stand up for herself, the worse her situation became.

Seeking Safety

Sheila ended up in the hospital after a particularly vicious psychological and physical attack by her husband. While in the hospital she learned about available resources and was connected to Apna Ghar's 24 hour crisis line. Upon her release from the hospital she was transported to Apna Ghar's safe home. Apna Ghar's staff met with Sheila to learn more about her story and discussed her options including seeking legal protections like an order of protection, and the potential for pressing charges against her husband. Though she wanted to press charges, her family convinced her not to.

Unfortunately, while Sheila was recovering in Apna Ghar's safe home, her husband sought and received an emergency order of protection against her as well as temporary custody of the three children. Sheila was devastated but Apna Ghar's advocates made sure that she was connected to attorneys and legal assistance to ensure that she could fight the case and be reunited with her children.

Gaining Stability

Sheila's attorneys from one of our partner legal aid organization were able to help her get an order of protection, file for divorce and eventually gain full custody of her children. Her husband was ordered to pay child support and was only allowed supervised visits with the children which fortunately were facilitated at Apna Ghar.

Sheila and the children also moved into one of Apna Ghar's transitional housing apartments. Because Apna Ghar can pay rent and utilities for up to 24 months, Sheila was able to gain employment and start saving, while continuing to receive medical and legal assistance. She also started working with a counselor, and her children were connected to after-school programs, behavioral health services and youth guidance counselors by Apna Ghar's staff.

Moving towards Self-Sufficiency

Healing is a journey and Sheila continues to deal with trauma, and her ex-husband during visitation, and the fact that he keeps trying to seek custody in an effort to exert power and control over her through the legal system. But, she feels stronger and more in charge of her own life. Her children are thriving in their new environment, while continuing to work towards healing from the trauma of growing up with a parent that caused them so much pain. Sheila has a bachelor's degree from Nepal, and she is now continuing her education to become a registered nurse. She is working as a certified nursing assistant supporting older adults in a senior living facility close to her apartment. She continues to work with Apna Ghar while planning for an independent, self-sufficient and content future.

Commitment to Survivor-Centered Services

Guiding Principles to address the total individual, inclusive of physical and mental health needs, as well as psychosocial, behavioral and spiritual needs

Goal 1:

Ensure safety, stability and self-sufficiency of program participants through culturally competent, comprehensive, and holistic service delivery

Goal 2:

Ensure
program and
organizational
health through
program
administration
including
accurate, timely
record keeping
and data
management

Goal 3:

Conduct
outreach and
advocacy to
engage the
community
and improve
overall
conditions for
survivors

Goal 4:

Ensure a safe and healing environment through service delivery, advocacy, and facilities management

Service Standards

It is important and expected that staff collaborate on efforts (internally and externally) that focus upon moving participants along a continuum to safety, stability and self-sufficiency.

Safety Stability Self-Sufficiency

Serving survivors and communities impacted by gender violence

Apna Ghar specializes in working with underserved and marginalized populations

Apna Ghar is committed to equity and upholding human rights. Ethnicity, race, immigration status, gender identity, sexual orientation, age and/or ability are no bar. All services are free and voluntary and provided in a participant centered, trauma-informed manner and aligned to the specific needs of each program participant.

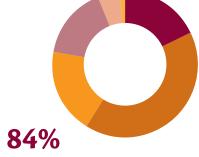
In 2022, we provided direct services to 462 adults and

children.

Our program participants come from more than 50 countries.

In addition to the United States, our program participants come from countries in South, Central, Southeast and East Asia, the Pacific Islands, the Middle East and North Africa, East, West, Central and Southern Africa, Europe, Latin America and the Caribbean.

At any given time, we provide services in more than 20 different languages.



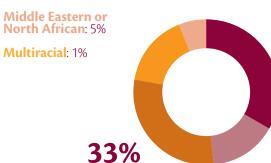
of program participants are BIPOC

Black/African American/ African or Caribbean descent: 41%

Latinx: 19%

Asian or Pacific Islander: 18%

White/Caucasian/ European descent: 16%



of program participants are children under 19

0-19: 33% **40-49**: 16% **20-29**: 15% **50-59**: 6%

30-39: 29%

75%

of program participants are immigrants and refugees

Immigrants and Refugees: 75%

US Born: 25%

New Programs and Services

Apna Ghar responds efficiently to meet survivor needs

Survivors of gender violence seek support for various interconnected needs that negatively impact their lives. At Apna Ghar, we believe in a holistic approach and thus resist only addressing one or two issues. We aim to ensure that survivors are fully empowered in the way they have envisioned for themselves, their families and extended community. In 2022, we strengthened partnerships, added programs and services and continued to rise to meet the challenges presented by the global health crisis and social uprisings.

Medical Advocacy

Medical advocacy is about:

- access to physical and mental healthcare and connections to medical services
- community health outreach to ensure access to information, resources and services



Housing Programs

Housing services and advocacy are about:

- Emergency Safe Home and Hotel Housing (on-site and off-site shelter)
- 50 Transitional Housing apartments across the city
- Rent and Utility Assistance
- Comprehensive case management and access to permanent and affordable housing

Family Systems Approach

Apna Ghar served as an implementation site and supported the development of the Family Centered Toolkit by the National Center for Domestic Violence, Trauma and Mental Health (NCDVTMH)

Apna Ghar's work towards health equity for families and communities in partnership with Hamdard Health Alliance was highlighted by the Chicago Department of Public Health.

Economic Empowerment

Financial abuse severely limits survivors. Apna Ghar's economic empowerment programming is about:

- food justice to ensure access to culturally specific and nutritious food
- economic assistance for essential needs and medication
- access to education, employment, financial literacy
- savings plans and self-help groups
- public advocacy for safer, more equitable and trauma-informed workplaces

Violence Prevention

Recognizing the blatant correlation between community-based and gender-based violence, and access to weapons, Apna Ghar:

- created a report, and partnered with the city of Chicago, and Everytown for Gun Safety
- is working on a restorative justice toolkit
- is creating curricula to support medical professionals in supporting patients who are survivors of gender violence
- is partnered with schools, colleges and universities to educate students on forming healthy relationships



2022 IMPACT BY THE NUMBERS

Apna Ghar's three-pronged approach is solutions focused

At Apna Ghar we are issue based and community focused. We have developed a solutions focused approach to ending gender violence

We provide comprehensive intervention and prevention services aimed at helping survivor participants achieve safety, stability and self-sufficiency. In addition, we work with those who have caused harm to be accountable and repair the harm.

We conduct outreach, provide community education, training and technical assistance in an effort to raise awareness about gender violence while providing resources and information on appropriate responses.

We conduct systems and policy level advocacy in partnership with advocacy groups to improve overall conditions for the survivors we serve.





WE RAISE COMMUNITY AWARENESS ABOUT GENDER VIOLENCE AND PROVIDE INFORMATION AND TRAINING ON **AVAILABLE RESOURCES**

We provide training and technical assistance to partner organizations. We conduct institutional and policy advocacy to work on improving overall conditions for the survivors and communities we serve. We work with legislators, advocacy and community groups, community leaders, and the general public to raise awareness, make systemic and policy changes to improve current processes, responses and remedies, and increase options available to survivors.

WE ADDRESS THE IMMEDIATE SAFETY NEEDS OF SERVICE SEEKERS VIA OUR 24-HOUR CRISIS LINE, TEXT, AND EMAIL

We provide safety planning, crisis services, information and resources to callers 24 hours, 365 days per year.

Serving families

We provide comprehensive intervention and prevention services



202 adults and 22 children

GOAL-SETTING, GUIDANCE, AND SUPPORT THROUGH **IN-DEPTH CASE MANAGEMENT**

We help survivors identify goals and connect to community resources for health care, public benefits, financial, employment, and educational goals, housing and other critical needs.



47 adults and

WE PROVIDE SAFE AND WELCOMING HOUSING

The safe home/emergency shelter provides survivors fleeing abuse a home-like healing environment where they can regain control of their lives.



117 adults

WE GUIDE SURVIVORS THROUGH THE LEGAL SYSTEM AND HELP ACCESS AVAILABLE LEGAL REMEDIES

Legal advocates assist survivors in obtaining orders of protection, pressing criminal charges, crime victims' compensation, filing for divorce, custody and support, as well as acquiring legal immigration status through protective statuses such as the Violence Against Women Act.



163 adults and

WE WORK WITH ADULT AND CHILD SURVIVORS TO PROCESS AND HEAL FROM THE TRAUMA OF ABUSE

This is achieved through individual, group and family services using psycho-social education, narrative therapy, support groups, expressive therapy and conflict management.



39 adults and 39 children

WE PROVIDE SECOND STAGE HOUSING AIMED TO PROVIDE STABLE AND PERMANENT HOUSING THROUGH TEN SCATTERED SITE INDEPENDENT APARTMENTS ACROSS CHICAGO

Transitional housing gives survivors an opportunity to live rent and utility free, empowering them to create robust savings plans to move towards stable and permanent housing.



WE HELP CREATE A SAFE AND HEALING **ENVIRONMENT FOR CHILDREN TO INTERACT WITH** VISITING PARENTS WHO HAVE TYPICALLY CAUSED

HARM TO THE FAMILY

Our advocates work with parents to create appropriate plans to repair and build relationships with children in order to ensure that the children's lives continue to be free from violence.

Charting our future

New Partnerships and Initiatives

Apna Ghar's in-house services are complemented by strong partnerships and collaborations that help the agency leverage resources for services, shared funding, and joint advocacy for systemic changes that result in programs and policies sensitive to the needs of the survivors and communities we serve.

Global Connections

Apna Ghar is a member of the Simmons Center for Global Chicago, which supports and enriches Chicago's globally active community in a concerted and intentional way, providing expertise, strategy, and a platform for connectivity. Located in the heart of Chicago, the Simmons Center catalyzes the positive work that is being done by creating connections, building community, and offering shared amenities and services. Apna Ghar joined the co-working space located at 303 E. Wacker Drive in September 2022.

Reproductive Justice

May 27, 2022 marked the one-year anniversary of the release of the AAPI Reproductive Justice agenda. Our thanks to the National Asian Pacific American Women's Forum (NAPAWF) for leading the way in creating a roadmap for leaders and decision-makers to create policies and make long-term investments so that our communities can thrive. The intersections of identities, and the impact of racism and misogyny on the lives of those we serve has been hidden for far too long.

Public Library Partnership

Apna Ghar's Community Health advocates are placed at Chicago Public Library locations to serve as information resource hubs to patrons, and to provide information to library personnel on the dynamics of gender-based violence, mental health services, conflict resolution, housing, and other connected issues and available services and resources.

Social Determinants of Health

Apna Ghar joined Change InSight, led by the Chinese American Service League (CASL) and in partnership with the Alliance of Filipinos for Immigrant Rights and Empowerment (AFIRE), Indo-American Center (IAC), Hanul Family Alliance, and the South Asian Policy and Research Institute (SAAPRI) to collect, analyze, and disseminate community-level data to uncover the unique issues facing Asian American, Native Hawaiian and Pacific Islander communities, and advocate for change.

Their Light Remains

In 2022 at least 10 South Asian women across North America were murdered by abusive partners, including Sania Khan in Chicago. We paid tribute to them and recommitted to ending gender-based violence with our partners at South Asian SOAR.



Advocating for Change

Systemic Advocacy involves working for long-term social change by making sure that legislation, policies and practices support the rights and interests of survivors of gender-based violence

GENDER-BASED VIOLENCE TASKFORCE: Apna Ghar was invited by the Chicago Mayor's Office to join the violence prevention committee which led to the creation of the gender-based violence advisory council that created the first ever citywide strategic plan to end gender-based violence. From there, Apna Ghar joined the steering committee of the strategic plan implementation taskforce.

HIGHLIGHTING MENTAL HEALTH: In June 2022, Apna Ghar participated in a press conference hosted by the Chicago Department of Public Health and the Chicago Mayor's Office, highlighting the city's increased investment in mental health services. Our work with Hamdard Health Alliance was featured during the press conference. In addition, we highlighted the impact of trauma on the mental health of survivors of gender-based violence through a public hearing we hosted with the Cook County Commission on Womens' Issues.

STATEWIDE INVESTMENT TO END GBV: Apna Ghar was glad to participate in an event at WINGS Metro to thank Illinois Governor JB Prtizker and Lt. Governor Juliana Stratton for the historic investment to end gender-based violence in Illinois. We were glad to join the Illinois Coalition Against Domestic Violence, The Network - Advocating Against Domestic Violence, and our partners in advancing for this investment.



STOP ASIAN HATE: Apna Ghar conducted national, state and city level advocacy to stand united against racism and to create space for reflection and solidarity while committing to take action. The TEAACH (Teaching Equitable Asian American Community History) Act was passed in April 2021 amending the Illinois School Code to include the contributions of Asian Americans. Implementation began in 2022. 2022 also marked the 1 year anniversary of the Atlanta Spa Shootings. Apna Ghar co-sponsored a vigil with our partners and continued to provide racialized misogyny trainings to sensitize people to the ways in which race intersects with gender.



VAWA REAUTHORIZATION: Apna Ghar hosted a press conference with Senator Dick Durbin, Congresswoman Jan Schakowsky and The Network: Advocating Against Domestic Violence on the reauthorization of the Violence Against Women Act (VAWA) with expanded safety provisions.

Recognized for thought leadership

Apna Ghar is committed to raising awareness

Apna Ghar served as a key partner for Women Employed's report, "Intersecting Barriers: Challenges to Economic Empowerment for Domestic Violence Survivors", to address the employment gaps faced by survivors in the Chicago metropolitan area. The report leverages the insights of workforce development professionals, domestic violence advocates, and survivors themselves and recommends policy and practice solutions.

Executive Director Neha Gill convened a learning collaborative in partnership with the Asian Pacific Islander Institute on Gender-Based Violence, YMCA of the island of Hawaii, Parents and Children Together, (PACT) Hawaii, and Professor Michael Ligaliga to better understand culturally responsive services for those who have caused harm.



Executive Director Neha Gill was honored by Raksha in Atlanta during AAPI Heritage Month for her leadership role in the movement to end gender-based violence.

Radhika Sharma-Gordon received the Exceptional Woman Award on International Women's Day 2022 for her contributions to our communities from the Clerk of the Circuit Court of Cook County Iris Y Martinez.

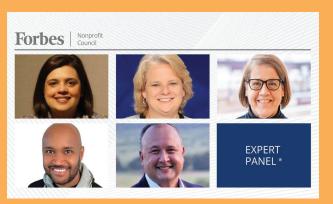
We were glad to support the book launch of Sex Talk: A Muslim's Guide to Healthy Sex & Relationships by HEART Women & Girls.



Forbes Nonprofit Council Expert Panels

published Executive Director Neha Gill's advice on

- international aid organizations holding themselves accountable
- · professionals transitioning to nonprofit work.
- creative leadership positions every nonprofit needs
- dealing with funding setbacks and creating contingency plans



In November 2022, Apna Ghar hosted a vaccination and wellness clinic for the Uptown community with Swedish Hospital and Compassionate Care Network (CCN) and Chicago Market.

Apna Ghar's Education and Outreach Manager Radhika Sharma Gordon co-led a workshop on serving immigrant and refugee survivors of gender violence at a conference organized by the Illinois Coalition Against Sexual Assault. Radhika also spoke at a press conference about the pre-trial fairness act led by the Chicago Alliance Against Sexual Exploitation (CAASE).

Apna Ghar hosted Facebook Live discussions on creating accountability and preventing domestic violence, as well as a live cooking session with Dr. Geeta Maker-Clark on utilizing food as medicine and how food can help heal from trauma.

Apna Ghar staff participated in the World Refugee Day Chicago event to affirm the rights of refugees to seek and be granted protection.



Apna Ghar staff were honored to speak at "My Sister's Keeper" domestic violence awareness event organized by the Delta Sigma Theta Sorority.

Apna Ghar staff participated in the Chicago African Summit and Community Resource Fair organized by the United African Organization (UAO).

Apna Ghar hosted fellows from Malawi and Cambodia in a collaborative effort to create solutions and opportunities for economic empowerment among women and girls in Africa, Asia and the United States.

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At the forefront of widespread individual, community and systemic change

At Apna Ghar, we are dedicated to amplifying the voices of survivors of gender violence, and providing our perspective to affect change



WBEZ Chicago interviewed Executive Director Neha Gill and Linda Tortolero, President and CEO of Mujeres Latinas en Accion about the barriers faced by immigrant survivors as a follow up to the print article on the same topic.

ABC7 Chicago featured Apna Ghar's participation in Change Insight to better understand the social determinants of health in Asian American, Native Hawaiian and Pacific Islander communities.

In September 2022, Apna Ghar's Executive Director Neha Gill joined the Muslim Women's Alliance for an important conversation about the root causes of gender-based violence and the need for community accountability in South Asian communities on Change Agents, a CAN TV production hosted by Sufyan Sohel.

Uptown Chamber of Commerce featured Apna Ghar in their multimedia campaign, "Uptown Strong," promoting Uptown's vibrant business and nonprofit community while highlighting their strength and ability to confront adversity and emerge stronger. Apna Ghar's Programs Manager Kavita D'Souza spoke about Apna Ghar's resiliency during the pandemic.

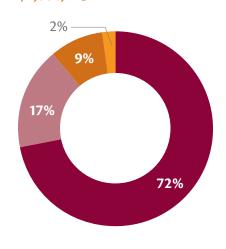
Executive Director Neha Gill's article on lessons for leaders of women's shelters and what it will take to end gender-based violence was published by Forbes Nonprofit Council.

The Chicago Department of Public Health highlighted Apna Ghar's partnership with Hamdard Health Alliance to create health equity at a press conference to discuss historic investments in mental health through the development of the city's Trauma Informed Centers of Care.



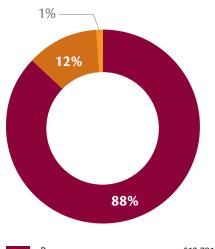
Statement of Activities

TOTAL REVENUES FY 2022 \$4,062,443



Government	\$2,942,240
Corporations & Foundations	\$682,179
Individual Contributions	\$369,104
In-Kind & Other	\$68,920

TOTAL EXPENSES FY 2022 \$3,189,496



Programs	\$12,791,653
Administration	\$378,532
Fundraising	\$19,311

Statement of Financial Position

ASSETS

\$2,718,871
770,162
40,449
\$3,529,482

Noncurrent Assets Building and Improver

Building and Improvements	1,657,689
Furniture and Equipment	201,737
Computer equipment	105,897
and	219,020
ess: accumulated depreciation	(609,315)
Total Noncurrent Assets	1,575,028

Other Assets

Security Deposit	3,770
Total Other Assets	3,770
Total Assets	\$5 108 280

LIABILITIES AND NET ASSETS

Total Liabilities & Net Assets

Current Liabilities

\$58,678
39,110
97,794
5,010,486
5,010,480

\$5,108,280

We take great pride in our financial transparency. Apna Ghar's IRS Form 990s are available on our website. Audited financial statements are available upon request.

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FITNESS CHALLENGE

2022 Chicago Marathon Team

#TeamApnaGhar

On Sunday, October 9, 2022, 22 spirited individuals ran 26.2 miles throughout more than 20 Chicago neighborhoods to raise funds and awareness about Apna Ghar's programs and services. Collectively, the 22 runners raised more than \$32,000 to support our mission of providing critical, comprehensive, culturally-competent services, and conducting outreach and advocacy across communities to end gender violence.

Apna Ghar had a tent located in the Charity Block at the 15 mile marker at the intersection of Adams and Loomis streets to cheer on Team Apna Ghar!

Raveena Aggarwal

Sobiya Ansari

Kavish Burney

Patrick Culen

Aashish Didwania

Umesh Ghai

Scheagbe Grigsby

Kishwar Husain

Madhuri Kommareddi

Pragnesh Mistry

Virat Patel

Richard Pons

Sushmitha Ram

Bhumika Sachdev

Yilka Seseri

Aakash Shah

Saurabh Srivastava

Javaria Suhail

Aamir Ukani

Preethi Varma

Tram Alisa Vo

Spencer Waller









2022 Fitness Challenge

3rd Annual Virtual Fitness Challenge a Success



In 2020, when we could no longer gather in person, we were grateful for the opportunity to shift our annual Stride Against Violence 5K to a virtual fitness challenge. Thank you to our supporters who have joined us throughout the years. September 2022 marked our third annual Virtual Fitness Challenge! Each year, the number of participants has increased as has their fundraising!

Congratulations to our individual top point earners: Amit Gupta, Angie Karna, Anita Bhatija, Brenda Sun, Lily Tse, Madhuri Mansukhani, Namrata Sharma Goel, Neha Gill, Nischal Sahrawat, Pallav Agarwala, Rumya Putcha, Salman Ansari, Sunita Patil, Tapan Nagori, Theresa Zhao, Winnie Huang, and Yixuan Liu.

SINCE 2020,

759 supporters **3648** activities **\$150,000**+ raised

2022 DONORS 2022 DONORS



Thank you to our government and foundation funders, our corporate sponsors and corporate matching funders, our individual donors and in-kind donors

Government Funders

All Chicago

City of Chicago Department of Family & Support Services

City of Chicago Department of Public Health Emergency Food & Shelter Program Illinois Coalition Against Domestic Violence Illinois Criminal Justice Information Authority Illinois Department of Human Services Office of the Illinois Attorney General U.S. Department of Housing and Urban

Development
U.S. Department of Justice Office for Victims of

U.S. Department of Justice Office on Violence Against Women

Corporate & Foundation Funders

Allstate Foundation
Anonymous Foundation
Asian Americans Advancing Justice - Chicago
Chicago Community Foundation
Chicago Community Trust
Chicago Foundation for Women
Michael Reese Health Trust

National Asian Pacific American Women's Forum

Polk Bros Foundation

The Crown Family

The Greer Foundation

The Network: Advocating Against Domestic Violence

United Way of Metropolitan Chicago

Individual & Small Business Donors

\$10,000+

Seth and Dorothy Hemming
Vinu Joseph
Dr. Veena Ramaiah
Northwestern Medicine
Rush University Medical Center
Swedish Hospital

\$5,000-\$9,999

Anonymous Foundation
ASG Foundation
Alok and Shanthi Gaur
KAN-WIN
Life Span
Naida S. Wharton Foundation
Pasha Foundation
Alpa Jayanti Patel
Russell Johnson Foundation
Sasha G. M. Shaikh Foundation
Vadilal Shah
Kartika Sujdak
The Kinra Family Foundation
Wingstop Charities

\$2,500-\$4,999

Vineeta Bonthala
Chinese American Service League
Bhavini Desai
Suresh and Padma Desai
Prashanth Jayaram
Rahul Nand
Tapan and Dimple Nagori
Pranav and Shefali Shah
Usha and Darsh Wasan
Beata Weiss
Women Employed

\$1,000-\$2,499

Masoom Ahmed Arbor Lodging Usha Chavda Rashmi and Sandeep Chugh Club of Indian Women Palak Desai Naeha Dixit

Ethos Presbyterian Church Kathleen Fernicola Rahul Goravara Monica Hauser

Nathan La Porte and Leah Handel Angie Karna

Ashish and Sugeeta Kohli Family Foundation

Madhuri Kommareddi Anantha Kondalraj Nancy Maldonado Tracy Mayfield Elizabeth and Neil Nandi

Neha Nigam Northwestern University Nipesh and Priti Patel

Progressus Legal Recruiters Richard Pons

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