



RESOURCES IN RESPONSE TO COVID-19 (CORONAVIRUS DISEASE 2019)

HOTLINES

The Illinois Department of Public Health (IDPH) has a statewide COVID-19 hotline and website to answer any questions from the public or to report a suspected case: call 1 (800) 889-3931 or visit www.DPH.illinois.gov

Cook County Department of Health Hotline: 708-633-3319 or email ccdph.COVID19@cookcountyhhs.org

City of Chicago Coronavirus Response Hotline: (312) 746-7425 (SICK): Mon-Fri 8am-4pm
Call them for instructions especially for those who are uninsured www.chicago.gov/coronavirus

Swedish Hospital: COVID-19 Hotline staffed with trained clinicians available to answer questions and offer assistance and the latest guidance. The number is (773) 907-7700

Rogers Park Community Response Hotline: 773 831 7668 <https://rpcrt.org/>

LEGAL ASSISTANCE

From the Cook County States Attorney's Office
<https://www.cookcountystatesattorney.org/news/cook-county-state-s-attorneys-office-city-officials-bring-awareness-resources-survivors>

Cook County Circuit Court: <http://www.cookcountycourt.org/>

HEALTHCARE

List of all Federally Qualified Health Clinics (FQHCs) in Chicago
https://npidb.org/organizations/ambulatory_health_care/federally-qualified-health-center-fqhc_261qf0400x/il/?location=chicago&page=2

Heartland Health Center Wilson: 773 751 7800
<https://www.heartlandhealthcenters.org/locations/hhc-wilson/>

All Heartland Health Center Locations: <https://www.heartlandhealthcenters.org/locations/>

Chicago Women's Health Center:
Mon-Fri 9-4pm; 773 935 6126 by appointment only
1025 W. Sunnyside, Suite 201, Chicago, IL 60640
<http://www.chicagowomenshealthcenter.org/>



Sunnyside Health Center:

Mon-Fri 8am-5pm; 773-878-8098 appointments encouraged

4501 N. Sheridan Rd, Chicago, IL 60640

<https://www.nearnorthhealth.org/sunnyside-health-center>

Planned Parenthood of Illinois (PPIL):

<https://www.plannedparenthood.org/planned-parenthood-illinois>

PPIL Rogers Park: 773 942 7193; 5725 N. Broadway, Chicago, IL 60660

Online Appointments and All locations: <https://www.plannedparenthood.org/planned-parenthood-illinois/locations>

<https://www.plannedparenthood.org/planned-parenthood-illinois/locations>

Illinois Association of Free and Charitable Clinics: <https://www.illinoisfreeclinics.org/clinic-search/clinic-directory>

COPING AND MENTAL HEALTHCARE

Crisis / Emergency Mental Health Providers:

<https://www.dhs.state.il.us/page.aspx?item=30893>

Supporting your Mental Health During COVID-19

<https://www.psychologytoday.com/us/blog/anxiety-zen/202003/19-ways-support-your-mental-health-during-covid-19>

Managing Stress: <https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html?emci=c7a639b4-9368-ea11-a94c-00155d03b5dd&emdi=e49e36df-a168-ea11-a94c-00155d03b5dd&ceid=2639458>

FOR PARENTS AND CAREGIVERS

Chicago Public Schools: www.CPS.edu/coronavirus

Chicago Park Districts: <https://www.chicagoparkdistrict.com/>
<https://www.chicagoparkdistrict.com/coronavirus-response#EnhancedProgrammingParks>

Homeschooling Guide and Resources: <https://thenorthstar.com/a-crash-course-on-homeschooling-for-parents-affected-by-covid-19-school-closings/>

Parent / Caregiver Guide to Coping: <https://www.nctsn.org/resources/parent-caregiver-guide-to-helping-families-cope-with-the-coronavirus-disease-2019?emci=c7a639b4-9368-ea11-a94c-00155d03b5dd&emdi=e49e36df-a168-ea11-a94c-00155d03b5dd&ceid=2639458>

FOOD ASSISTANCE

Food Banks: <https://www.chicagosfoodbank.org/find-food/>



Chicago Public Schools Food Distribution Things to Know: www.CPS.edu/coronavirus
<https://chicago.suntimes.com/coronavirus/2020/3/16/21181751/coronavirus-chicago-public-schools-food-meals-how-get-everything-know>

Google Form to ask CPS to deliver food to your location:

<https://docs.google.com/forms/d/e/1FAIpQLSeC99OhsMYSyEAlz3Ubt3aZUSHyBARlqr8bAvzt1RTuoUAuw/viewform>

FINANCIAL ASSISTANCE

Illinois Department of Employment Security (IDES) for unemployment benefits:

<https://www2.illinois.gov/ides/Pages/default.aspx>

Mutual Aid Effort: Request and Provide Assistance

<https://docs.google.com/document/d/1BrTcX0r5NXpeOzXtSlpf4WsvrQitU0lnE8qOEKZYOGM/mobilebasic?emci=c7a639b4-9368-ea11-a94c-00155d03b5dd&emdi=e49e36df-a168-ea11-a94c-00155d03b5dd&ceid=2639458>

Consumer Protection at the Office of the Illinois Attorney General: To report price gouging and other financial exploitation by businesses during this time, call 217 782 1090

Emergency Rental Assistance:

https://www.chicago.gov/city/en/depts/fss/provdrs/serv/svcs/how_to_find_rentalassistanceinchicago.html

United Way COVID-19 Economic Relief Fund: 1-866-211-9966 for support for bills, rent and food

PUBLIC BENEFITS

Immigrant Family Resource Program (IFRP): For information on whether or not you may qualify for public benefits please call 1-855-437-7669 Monday through Friday from 9:30am to 4:30pm. Assistance is available in 8 different languages

Services are still available. However, the Illinois Department of Human Services (IDHS) has temporarily closed its on-site local Rehabilitation Services' (DRS) offices and scaled down staffing levels at its on-site Family and Community Resource Center (FCRCs) local offices to align with the health and safety guidance by public health officials.

- DRS' customers can reach local offices through [regular office phone numbers](#) or online at www.DRS.illinois.gov.
- For benefits like Medicaid, SNAP, and TANF – customers can go to ABE.illinois.gov or call the ABE Call Center at 1-800-843-6154. Online or phone options encouraged.



HOUSING ASSISTANCE AND ADVOCACY

Wi-Fi: <https://corporate.comcast.com/covid-19?emci=c7a639b4-9368-ea11-a94c-00155d03b5dd&emdi=e49e36df-a168-ea11-a94c-00155d03b5dd&ceid=2639458>

Women's Shelters Cook County: <https://www.womenshelters.org/co/il-cook>

Cook County Homeless Shelter Directory <https://www.homelessshelterdirectory.org/cgi-bin/id/country.cgi?county=Cook-County&state=IL>

Recommendations for state and local government response:
<https://www.chicagohomeless.org/cch-recommendations-for-a-state-and-local-government-response-to-covid-19-among-people-experiencing-homelessness/>

Cook County has halted all evictions

PUBLIC TRANSPORTATION

Chicago Transit Authority: <https://www.transitchicago.com/coronavirus/>

INFORMATION FOR SURVIVORS OF GENDER VIOLENCE:

IL Statewide Help Line: 1 (877) 863-6338

Futures Without Violence: <https://www.futureswithoutviolence.org/get-updates-information-covid-19/>

VAWnet: <https://vawnet.org/news/preventing-managing-spread-covid-19-within-domestic-violence-programs>

National Network to End Domestic Violence: https://nnedv.org/latest_update/resources-response-coronavirus-covid-19/

Risk Assessment: <http://www.ncdsv.org/images/DANGERASSESSMENT.pdf>

IMMIGRATION AND TRAVEL

All people living in Illinois have the same access to healthcare and testing

City of Chicago Information for Immigrants
https://www.chicago.gov/content/dam/city/depts/mayor/Office%20of%20New%20Americans/PDFs/Resources_Flyers/Resources_Flyer_English_Color.pdf

CLINIC (Catholic Legal Immigration Network) <https://cliniclegal.org/covid-19>



U.S. Department of State travel advisory map <https://travelmaps.state.gov/TSGMap>

USCIS Things to Know: <https://www.uscis.gov/about-us/uscis-response-coronavirus-disease-2019-covid-19>

- Service centers remain open. This means that marriage-based applications, applications to remove conditions on green cards based on abuse/physical harm, can still be filed.
- All in-person immigration services are closed until April 1, 2020. This means that no immigration interviews, fingerprinting appointments, or other in-person services will go forward before that date. Emergency appointments are still available but will require special consideration.
- The Chicago Immigration Court has postponed all hearings until April 10th. Anybody with an immigration court hearing scheduled between now and that date should consult with their attorney to verify the new hearing date

GENERAL INFORMATION

Public Service Announcement from U.S. Congresswoman Jan Schakowsky, IL 9th District
<https://drive.google.com/file/d/1EZNFtLq9J3qtKHgURQnJkrrZuZCrQ-N5/view>

State of Illinois: <https://www2.illinois.gov/sites/coronavirus/Pages/default.aspx>

Frequently Asked Questions:

<http://www.dph.illinois.gov/topics-services/diseases-and-conditions/diseases-a-z-list/coronavirus/faq>

Centers for Disease Control (CDC)

Updates and Summaries: <https://www.cdc.gov/coronavirus/2019-ncov/cases-updates/summary.html>

Prevention Information: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

Cleaning and Disinfecting Information: <https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/cleaning-disinfection.html>

Print Resources: <https://www.cdc.gov/coronavirus/2019-ncov/communication/factsheets.html>

Alderman James Cappleman's (46th Ward) Newsletter

<https://mailchi.mp/james46/chicago-public-schools-covid-19-update?e=%5BUNIQID%5D>

Governor of Illinois Daily Press Briefings: www.dph.illinois.gov/topics-services/diseases-and-conditions/diseases-a-z-list/coronavirus/media-publications/daily-press-briefings?emci=c7a639b4-9368-ea11-a94c-00155d03b5dd&emdi=e49e36df-a168-ea11-a94c-00155d03b5dd&ceid=2639458